

Jay Co Yoga

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10:15am
to 11:30

Power Yoga
All Levels

Power Yoga
Level 2/3

Power Yoga
All Levels

Power Yoga
Level 2/3

Power Yoga
All Levels

at YOGAco

5:30pm
to 6:45

Power Yoga
All Levels

at Equinox, SM

8:00pm
to 9:30

Power Yoga
All Levels

Power Yoga
All Levels

Power Yoga
All Levels

Power Yoga
Level 2

at The HUB

10:30pm
to 11:45

Late Night
All Levels

Late Night
All Levels

at YOGAco

No classes Saturday
or Sunday

YOGAco || 1408 3rd. St. Promenade, Santa Monica. First block, north end, above Lush. (www.yogaco.com) Public, donation-based.

The HUB || 2001 S. Barrington Ave., Santa Monica. 1 block north of Olympic, street level. (www.thehub-la.com) Public, donation-based.

Equinox, SM || 201 Santa Monica Blvd., Santa Monica. Corner at 2nd St. (www.equinoxfitness.com) Members only.