



yoga with

Jay Co

10:15a	M	W	F	at YOGAco	
4:20p		T*	Th*	at YOGAco	
8:00p	M	T	W	Th	at The Hub
10:30p	M	W		at YOGAco	

*L2/3

peace, love, and savasana.



jco@savasana.info

detailed schedule and more at: www.savasana.info

YOGAco || 1408 3rd. St. Promenade, SM. (www.yogaco.com) Public, donation-based.

The Hub || 2001 S. Barrington Ave., WLA. (www.thehub-la.com) Public, donation-based.